Concerning behaviors in children and adolescents:

- Social withdrawal
- Anxiety, extreme fears or phobias
- Irritability
- Frequent sadness/crying
- Difficulty concentrating
- Anger outbursts/fighting/tantrums
- Signs of drug/alcohol use
- Drop in school grades

- Defiant behaviors (rebelliousness, difficulty following rules, or disrespecting authority figures)
- Lived a traumatic experience (i.e. sexual abuse, domestic violence, loss of a family member, accidents, etc.)
- Hyperactivity
- Relationship problems

Children’s Bureau Can Help.

Children’s Bureau is a leading nonprofit agency in helping vulnerable children and adolescents ages 0 to 21 (and their families). We provide mental health services in the community, school, home, and at our counseling centers.

How We Can Help

We partner with parents, caregivers, and families to support your child and/or adolescent. We offer a wide variety of culturally competent treatment options including mental health evaluations, individual and family therapy, group therapy, medication support, and assistance with community services and resources. You will find comfort in knowing that we provide evidence-based practices that have been proven to be effective interventions through scientific research.

For more information or to request services, call:

Children’s Bureau Can Help.

Does your child display emotional or behavioral distress?

We accept Full Scope Medi-Cal.